



<i>Welcome!</i>			
10:00 to 11:00	CAMPING SET UP, TAKING ROOT AT THE FARM, START DISTILLATION		
11:00 to 12:30	OPENING CEREMONY IN THE HERB GARDEN - GIVING THANKS & HERITAGE GARDEN Carl Smith, Maarit Tymchyshyn, and Kris Antonius		
12:30 to 1:30	LUNCH & FREE TIME - TEA BAR, LUNCH, STRETCH, CAT NAP, WALK, CHECK STILLS...		
	<i>Kitchen</i>	<i>Garden</i>	<i>Forest</i>
1:30 to 3:00	WILD HERBAL SODAS Jodi Hildebrand Jodi Hildebrand Art	PLANT SPIRIT MEDITATION Carissa Quadfass Folkways Apothecary	TENDING THE BODY AS A GARDEN Chad Cornnell Hollow Reed Holisitc
3:00 to 3:30	FREE TIME - SNACK, TEA BAR, STRETCH, CAT NAP, WALK, POSY-MAKING		
3:30 to 5:00	FOLK TINCTURE-MAKING Amelia MacDougall	DOSHAS & THE 6 FUNDAMENTAL QUALITIES OF HERBS Callen Froese	NATIVE PLANT ID WALK Jenna Vandal
5:00 to 5:30	FREE TIME - SNACK, TEA BAR, STRETCH, WALK		

Do you know ways that your ancestors gave thanks to the land?

If you have knowledge of these practices from your ancestors, we'd love to hear about it in our opening ceremonies time together. If you'd like to bring a traditional offering to explain to the group, please do. If you'd like to bring something to give thanks to the land that will hold us this weekend, please do. We will also have some to share.



<i>Extras</i>	<i>Opening Ceremony</i>	<i>Herbal Tea Bar</i>	<i>All Day Activities</i>
<p style="text-align: center;"><i>Morning</i></p> <p style="text-align: center;">NAME TAG CREATION CAMPING SET UP SETTLING IN</p> <hr/> <p style="text-align: center;"><i>Early Evening</i></p> <p style="text-align: center;">MAKE DINNER TOGETHER! MEET AT EMBER ALLEY AT 6PM</p> <p style="text-align: center;"><i>Evening</i></p> <p style="text-align: center;">LABYRINTH EXPERIENCE MEET AT EMBER ALLEY</p> <p style="text-align: center;">HERBAL CAMPFIRE STORIES EMBER ALLEY</p>	<p style="text-align: center;">11:30 AM IN THE GARDEN</p> <p>A time of listening and sharing, exploring ancestral ways of giving thanks to the land.</p> <p>Taking time to be with the land.</p> <p>Offering thanks.</p> <p>Planting the start of a Herbal Heritage Education Garden Bed.</p> <p style="text-align: center;"><i>Make your name tag at the DIY station in the morning!</i></p>	<p style="text-align: center;">IN THE SUMMER KITCHEN</p> <p>You'll find a selection of dried herbs and fillable tea bags here, as well as honey, spoons (and some mugs for those who forgot to bring one).</p> <p>Help yourself. Know the herbs!</p>	<p style="text-align: center;">COMMUNAL DISTILLATION WITH THANKS TO ABODE MANITOBA</p> <p style="text-align: center;">BUTTON-MAKING BRING IMAGES/ART TO SHARE</p> <p style="text-align: center;">SCREEN PRINTING BRING A SHIRT, TOTE, BANDANA, FABRIC</p> <p style="text-align: center;">STAMPS BY JODI HILDEBRAND</p> <p style="text-align: center;">COLOURING W/ MARIA EPP ART COLOURING PAGES</p> <p style="text-align: center;">* ALL SUBJECT TO CHANGE, AND THERE MAY BE SOME ADDITIONS!</p>

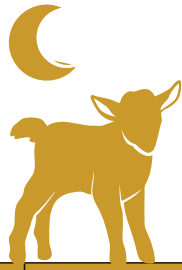


<i>Emergency?</i> CALL: 911	<i>Urgent Problem?</i> CALL: KRIS: 204-805-5117, MIKE: 204-806-6776	<i>Lost, stressed, or lonely?</i> ASK A VOLUNTEER FOR HELP
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Info: TAKERROOTFEST.CA | *Tickets:* SHOP.TAKERROOTFEST.CA | *Social:* [@TAKERROOTFEST.CA](https://www.instagram.com/TAKERROOTFEST.CA)

THANKS TO ADAGIO ACRES, GARDENS MANITOBA, MAILMAN PHARMS, SWALLOWTAIL FARMSTEAD, ORGANIC PLANET, FIREWOOD MANITOBA, WEST COAST SEEDS, MANITOBA WILDLIFE FEDERATION, FEST TEACHERS, VOLUNTEERS, AND YOU!





Venue	1. Kitchen	2. Picnic Shelter	3. Tent	4. Orchard	5. A-Frame	Or...
9:30 TO 11:00	HERBAL KITCHEN TERROIR Jodi Hildebrand Jodi Hildebrand Art	WICKING BED BUILD Paul Kruse Northern Grove	MUSHROOM FORAY Tom Nagy River City Mushrooms	PIG BUTCHERY Nick Turnbull Wildsong Acres	PLANT ID WALK Jenna Vandal	POP-IN WORKSHOPS ALL-DAY ACTIVITIES SHOP LOCAL GOODS GRAB A COFFEE, COLD DRINK, SNACK at Wallaby Café KIDS' AREA by Access Credit Union NAP IN A HAMMOCK WALK THE LAB (forest labyrinth) VISIT THE LIBRARY (A-frame cottage) DIP IN THE HOT TUB by Firewood Manitoba HIT THE (COLD) SHOWER
11:05 - MORNING MEET-UP: AT THE STAGE (BOOK GIVEAWAY) FREE TIME: MUSIC - SNACKS + DRINKS - DEMOS - LOCAL GOODS - KIDS AREA						
12:00 TO 1:30	FERMENTATION Reta Saborowski	COB OVEN BAKING Karin Kliewer Swallowtail Farmstead	SOAPMAKING Deanne Chambers Four Sons Homestead	CONTINUED	SOIL FOOD WEB COMPOST-MAKING Heather Unger Northern Grove	
LUNCH: MUSIC - FOOD + DRINKS - DEMOS - GENERAL STORE MARKET - KIDS AREA 2:30: FESTFOLK GAMES OR FREE TIME						
3:30 TO 5:00	SALO CURING Maarit Tymchyshyn	TREE PRUNING & PLANTING Paul Kruse Northern Grove	CONTINUED	NATURAL MOVEMENT Sara Siggelkow Re:Be Mvmt	HEALING WITH TRADITION Carl Smith	

Morning	Pop-In Workshops	Kids' Village	All Day Activities
WHOLE GROUP MORNING MEET-UP! 11:05AM - AT THE STAGE. PLEASE ATTEND! IMPORTANT WEEKEND INFO + GIVEAWAY. <i>Afternoon</i> GROUP FUN - TBD 2:30PM - MEET AT THE STAGE <i>Evening</i> SUNSET WALK 9:00PM - MEET AT THE STAGE CAMPFIRE STORIES 10PM - EMBER ALLEY <i>Make your name tag at the Activity Station!</i>	MENDING & DARNING Anna-Marie Janzen Reclaim Mending WOOL TO TEXTILE Anna Hunter Long Way Homestead BIKE REPAIR & MAINTENANCE Anders Swanson HOME HEATING W/ WOOD Clint Pinder Firewood Manitoba	<i>(accompanied by parent or guardian)</i> NATURE CRAFTS HOMEMADE PLAYDOUGH NATURAL TOYS PLAY KITCHEN BOOK NOOK BABY CARE AREA	BUTTON-MAKING BRING IMAGES/ART TO SHARE SCREEN PRINTING BRING A SHIRT, TOTE, BANDANA, FABRIC NATURE ART STAMPS BY JODI HILDEBRAND COLOURING W/ MARIA EPP ART COLOURING PAGES ZINE-MAKING SEED BOMBS BY WEST COAST SEEDS GAMES TABLE BY WE HEART GAMES <small>* ALL SUBJECT TO CHANGE, AND THERE MAY BE SOME ADDITIONS!</small>

Don't miss Morning Meet-Up!
NEW SOCIETY PUBLISHERS BOOK GIVEAWAY

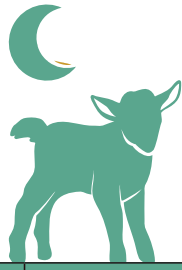


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Venue	1. Kitchen	2. Picnic Shelter	3. Tent	4. Orchard	5. A-Frame	Or...
9:30 TO 11:00	FERMENTATION Reta Saborowski	PLANT ID: TIPS & TRICKS Laura Reeves <i>Prairie Shore Botanicals</i>	BEEKEEPING Jordan Janisse <i>Sweet Makers Honey</i>	WILD GAME COOKING Dawn Scarfe <i>Manitoba Wildlife Federation</i> *EMBER ALLEY	MOON CYCLE PLANTING & FALL/WINTER SEEDING Audrey Logan	POP-IN WORKSHOPS ALL-DAY ACTIVITIES
11:05 - MORNING MEET-UP: MEET AT STAGE (BOOK GIVEAWAY) FREE TIME: MUSIC - SNACKS + DRINKS - DEMOS - LOCAL GOODS - KIDS AREA						SHOP LOCAL GOODS GRAB A COFFEE, COLD DRINK, SNACK <i>at Wallaby Café</i>
12:00 TO 1:30	MUSHROOM CULTIVATION Tom Nagy <i>River City Mushrooms</i>	GREENHOUSE DOME BUILD Mike Mailman <i>Mailman Pharms</i>	PASTURED PIGS Nick Turnbull <i>Wildsong Acres</i>	↓ CONTINUED	MINI WILLOW BASKET & MATERIALS WALK Laura Reeves <i>Prairie Shore Botanicals</i>	KIDS' AREA <i>by Access Credit Union</i> NAP IN A HAMMOCK WALK THE LAB <i>(forest labyrinth)</i> VISIT THE LIBRARY <i>(A-frame cottage)</i> DIP IN THE HOT TUB <i>by Firewood Manitoba</i> HIT THE (COLD) SHOWER
LUNCH: MUSIC - FOOD + DRINKS - DEMOS - GENERAL STORE MARKET - KIDS AREA 2:30: FESTFOLK GAMES OR FREE TIME						
3:30 TO 5:00	CITYFOLK FARM TOUR Mike Berg/Kris Antonius <i>Take Root Fest</i>	↓ CONTINUED	NATURAL MOVEMENT Sara Siggelkow <i>Re:Be Mvmt</i>	FLORAL ECO-PRINTING Lourdes Still <i>Masagana Flower Farm</i>	↓ CONTINUED	

Morning	Pop-In Workshops	Kids' Village	All Day Activities
<p>EARLY RISER'S BREAKFAST CLUB 8am- at the summer kitchen & stage Enjoy a complimentary oat-alicious breakfast for campers by Adagio Acres - and join a discussion circle:</p> <p>A BIPOC FARM EXPERIENCE: Back to Roots Farm & National Farmer's Union</p> <p>FAST FASHION: Anna-Marie Janzen</p> <p>& MORE TO COME...</p> <hr/> <p>WHOLE GROUP MORNING MEET-UP! 11:05AM- AT THE STAGE. PLEASE ATTEND! IMPORTANT WEEKEND INFO.</p>	<p>MENDING & DARNING Anna-Marie Janzen <i>Reclaim Mending</i></p> <p>WOOL TO TEXTILE Anna Hunter <i>Long Way Homestead</i></p> <p>INDIGO DYE VAT Anna Hunter <i>Pembina Fibreshed</i></p> <p>HOME HEATING W/ WOOD Clint Pinder <i>Firewood Manitoba</i></p>	<p><i>(accompanied by parent or guardian)</i></p> <p>NATURE CRAFTS</p> <p>HOMEMADE PLAYDOUGH</p> <p>NATURAL TOYS</p> <p>PLAY KITCHEN</p> <p>BOOK NOOK</p> <p>BABY CARE AREA</p>	<p>SHOP LOCAL GOODS</p> <p>BUTTON-MAKING BRING IMAGES/ART TO SHARE</p> <p>SCREEN PRINTING BRING A SHIRT, TOTE, BANDANA, FABRIC</p> <p>NATURE ART</p> <p>STAMPING STAMPS BY JODI HILDEBRAND & ANDEE PENNER</p> <p>COLOURING W/ MARIA EPP ART COLOURING PAGES</p> <p>ZINE-MAKING</p> <p>SEED BOMBS BY WEST COAST SEEDS</p> <p>GAMES TABLE BY WE HEART GAMES</p> <p><small>* ALL SUBJECT TO CHANGE, AND THERE MAY BE SOME ADDITIONS!</small></p>
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